

Environmental Pollutants Profile Frequently Asked Questions

1. What are the strengths of our EPP test?

- This test allows you to test 7 key environment toxins that are infused in our daily life
- The collection of urine sample is easy and convenient, with a high stability
- It is a precise technology from USA
- An interpretative guide is provide along with the report

2. How accurate is urine as an indicator of my body status of toxicity?

- A portion of environmental exposure dose is absorbed into the body, and is excreted in the urine. The level of toxins and the increased in body burden are reflected in urine, hence urine becomes an accurate biomarker of exposure.
- Urine analysis is also a standard method of measuring chemical exposure as it carries various waste products that are filtered out of the blood system

3. Could we know more about the specificity and accuracy of the test?

Our test undergoes stringent biochemical process detect metabolic intermediates in your urine, which interprets your body's efficiency in dealing with the toxins. Our test gives you the assurance of quality and reliability as all tests are completed under US BioTek Laboratories' facilities. Our laboratory is an independent clinical laboratory approved by CLIA (US Clinical Laboratory Improvement Amendments) accredited by COLA (US Commission on Office Laboratory Accreditation). The laboratory is also licensed by the State of Washington for performing testing worldwide.



4. How can I ensure the urine collected in the strips will not be contaminated during transit?

You should follow the instruction and place the sampled strip into the kit as provided, seal it tightly and keep it at room temperature. In additional, our revolutionary Air-dried Strips produces more accurate test results. Comparison studies conducted between urine sample collected using Air-dried Strips and those in liquid form showed higher stability.

5. Do I need a doctor's prescription to have the EPP test done?

Any individual can order any tests as his or her health information but not for diagnosis. A doctor's prescription is not required.

6. What should I avoid before sampling ?

Foods contain benzoic acid (benzoate) and sorbic acid (sorbate) preservatives should be avoided for 48 hours prior to urine collection. Foods or products contain such preservatives are, for example, canned foods, flavored drinks, baked goods, processed cheese slices and spreads, salad dressings and mayonnaise. In addition, you should also avoid excess fluid intake after your evening meal.

7. Can my kids take this EPP test ?

Yes, this EPP test is suitable for adults and children above 2 years of age. However, you should note that our test does not assess for neonatal inborn errors of metabolism.

8. What information will the EPP report provide?

The report will clearly show, in bar chart format, your toxic levels towards the 7 groups of toxic chemicals, namely, Xylene, Toluene, Benzene, Trimethylbenzene, Styrene, Phthalates and Parabens. You will also receive a comprehensive Interpretive Report, which included details on the possible sources of chemical exposure, a customized detoxification protocol and nutritional support program to optimize your chances of achieving balance and overall health. In most cases, avoid exposing to the toxic sources and follow the suggested nutrition support program for 3-4 months could help promoting better health.

9. Is the EPP test using the same reference ranges for both children and adult?

No, we are not using a generalization based on the "average" population. Instead, our EPP test is both age and gender specific for the reference ranges. This elevates the accuracy of the test results for different individuals.

10. What should I do if I have taken the test and the suggested detoxification protocol, and still could not find relief with my symptoms?

You should take the report and consult your doctor if other factors could play a role in affecting your current health conditions.

Source and lab test service provider: HK Biotek

Enquiry

Ms Yolanda Che

Welspring

3622-1287 (after 12noon)

info@welspring.hk

room 303, keen hung commercial building,

80 queen's road east, wanchai, hong kong